

NATIONAL LOCKDOWN

STAY AT HOME



SOCIAL CONTACT



No household mixing, aside from support bubbles, childcare bubbles, to provide care for vulnerable people, to provide emergency assistance, to attend a support group, or for respite care.



EDUCATION



Early year settings are open. All other schools and colleges will learn remotely. Schools will remain open for vulnerable children and the children of critical workers.



SHOPPING & RETAIL



Essential shops can open. Non-essential retail must close and can only open for click-and-collect (not alcohol) and delivery.



WORK



You can only leave home for work purposes where it is unreasonable for you to do your job from home.



ENTERTAINMENT

Closed.

INDOOR

Closed.

HOTEL & ACCOMMODATION

Closed (with limited exceptions).

PERSONAL CARE

Closed.

OVERNIGHT STAYS

You must not stay overnight away from home. Limited exceptions apply.



RESIDENTIAL CARE

Visits to care homes can take place, but **close-contact indoor visits are not allowed.** No visits will be permitted in the event of an outbreak.



BARS, PUBS AND RESTAURANTS

Hospitality closed. Takeaways can open, but no alcohol can be served.



WORSHIP

Open for private prayer and communal worship, but cannot interact with anyone outside household or support bubble.



TRAVEL & TRANSPORT

You must stay at home and only travel for work or other legally permitted reasons. If you have to, you should stay local and reduce the number of journeys you make. Do not travel abroad unless an exemption applies.



EXERCISE & OUTDOOR LESIURE

You can leave your home to exercise by yourself, with your household or support bubble, or with one person from another household - once a day only. Organised outdoor sport is closed unless for the disabled.



WEDDINGS & FUNERALS

Funerals of up to 30 people permitted. Wakes and other linked ceremonial events can continue in a group of up to six. Weddings of up to six can continue in exceptional circumstances.



CLINICALLY EXTREMELY VULNERABLE

If you receive a shielding letter you must shield. Those who are clinically extremely vulnerable should not leave home unless it is for a medical appointments, exercise or if it is essential.

